

Preparation of the spin echo

Now that we understand the fundamentals of the product operator, we apply this idea to the spin echo:

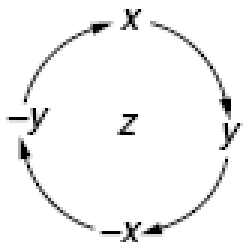
Spin echo

90° (x) \xrightarrow{a} delay τ \xrightarrow{b} 180° (x) \xrightarrow{e} delay τ \xrightarrow{f} acquire

First, we prepare with a $\pi/2$ pulse:

$$I_z \xrightarrow{\omega_1 t_p I_x} -I_y \quad (a)$$

Then the spins evolve in the x,y plane: $H_{free} = \Omega I_z$



$$-I_y \xrightarrow{\Omega \tau I_z} -\cos \Omega \tau I_y + \sin \Omega \tau I_x \quad (b)$$

Application of the π -pulse

90° (x) \xrightarrow{a} delay τ \xrightarrow{b} 180° (x) \xrightarrow{e} delay τ \xrightarrow{f} acquire

Apply the π -pulse

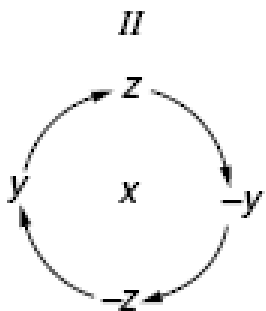
$$H_{pulse,x} = \omega_1 I_x$$

$$-\cos \Omega\tau I_y + \sin \Omega\tau I_x \xrightarrow{\omega_1 t_p I_x} \sigma(e)$$

$$-\cos \Omega\tau I_y \xrightarrow{\omega_1 t_p I_x} -\cos \Omega\tau \cos \omega_1 t_p I_y - \cos \Omega\tau \sin \omega_1 t_p I_z$$

Since the flip angle here is $\omega_1 t_p = \pi$ the second term on the right goes to zero and the first term changes sign ($\cos \pi = -1$). Such that:

$$-\cos \Omega\tau I_y \xrightarrow{\pi I_x} \cos \Omega\tau I_y$$



Treatment of I_y and I_x terms

$90^\circ (x) \xrightarrow{a} \text{delay } \tau \xrightarrow{b} 180^\circ (x) \xrightarrow{e} \text{delay } \tau \xrightarrow{f} \text{acquire}$

$$- \cos \Omega\tau I_y + \sin \Omega\tau I_x \xrightarrow{\omega_1 t_p I_x} \sigma(e)$$

$$- \cos \Omega\tau I_y \xrightarrow{\pi I_x} \cos \Omega\tau I_y$$

The second term ($\sin\Omega\tau I_x$) on the left is unchanged because it is not affected by a rotation about x.

Therefore after the 180° pulse the following is obtained:

$$- \cos \Omega\tau I_y + \sin \Omega\tau I_x \xrightarrow{\pi I_x} \cos \Omega\tau I_y + \sin \Omega\tau I_x$$

Evolution following the π -pulse

90° (x) \xrightarrow{a} delay τ \xrightarrow{b} 180° (x) \xrightarrow{e} delay τ \xrightarrow{f} acquire

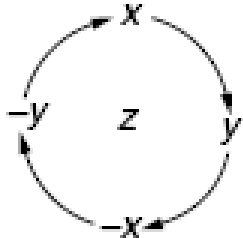
$$-\cos \Omega\tau I_y + \sin \Omega\tau I_x \xrightarrow{\pi I_x} \cos \Omega\tau I_y + \sin \Omega\tau I_x$$

Evolution (e) involves separate treatment of each term on the right:

$$\cos \Omega\tau I_y \xrightarrow{\Omega\tau I_z} \cos \Omega\tau \cos \Omega\tau I_y - \sin \Omega\tau \cos \Omega\tau I_x$$

$$H_{free} = \Omega I_z$$

$$\sin \Omega\tau I_x \xrightarrow{\Omega\tau I_z} \cos \Omega\tau \sin \Omega\tau I_x + \sin \Omega\tau \sin \Omega\tau I_y$$



Refocusing of the spins

$90^\circ (x) \xrightarrow{a} \text{delay } \tau \xrightarrow{b} 180^\circ (x) \xrightarrow{e} \text{delay } \tau \xrightarrow{f} \text{acquire}$

Collecting the terms in I_x and I_y gives us:

$$(\cos \Omega\tau \cos \Omega\tau + \sin \Omega\tau \sin \Omega\tau)I_y +$$

$$(\cos \Omega\tau \sin \Omega\tau - \sin \Omega\tau \cos \Omega\tau)I_x$$

The terms multiplying I_x goes to 0 and the terms multiplying I_y goes to 1 because of the identity: $\cos^2\theta + \sin^2\theta = 1$

Therefore:

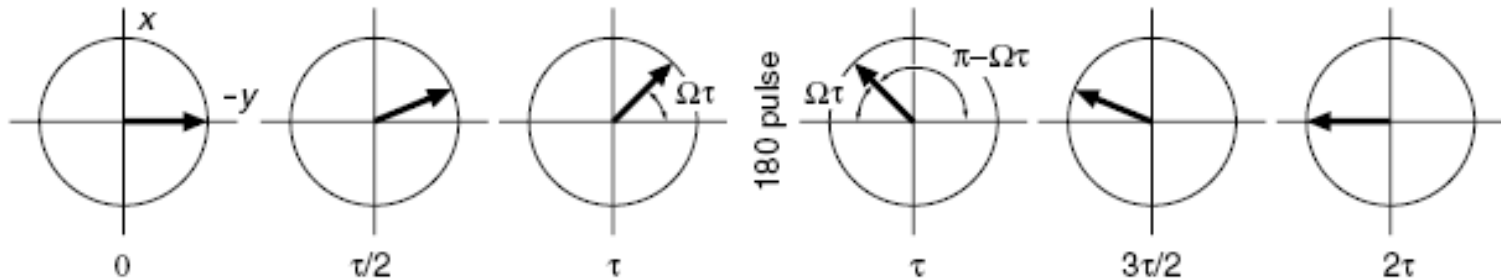
$$I_z \xrightarrow{90^\circ(x)-\tau-180^\circ-(x)-\tau} I_y$$

Product operators vs. vector

Spin echo

$90^\circ (x) \xrightarrow{a} \text{delay } \tau \xrightarrow{b} 180^\circ (x) \xrightarrow{e} \text{delay } \tau \xrightarrow{f} \text{acquire}$

Vector



Product operator

$$I_z \xrightarrow{90^\circ(x)-\tau-180^\circ-(x)-\tau} I_y$$