Microscopic probability

When we look at the world in terms of energy levels we can see that the probability of being in a given level depends on temperature. We define the probability of being in level j as

$$P_{l} = \frac{number \ of \ molecules \ in \ state \ j}{total \ number \ of \ molecules}$$

The two level system is given by the following levels

Microscopic probability in a two level system

We can calculate the probability of levels X and Y

$$P_{X} = \frac{N_{X}}{N_{X} + N_{Y}} = \frac{1}{1 + N_{Y}/N_{X}} = \frac{1}{1 + e^{-\Delta E/kT}}$$
$$P_{Y} = \frac{N_{Y}}{N_{X} + N_{Y}} = \frac{N_{Y}/N_{X}}{1 + N_{Y}/N_{X}} = \frac{e^{-\Delta E/kT}}{1 + e^{-\Delta E/kT}}$$

Of course, $P_X + P_Y = 1$

Average energy for a two level system

We defined the relative energy of the two states as $\Delta E = E_Y - E_X.$ We can (arbitrarily) set the energy of state X to zero, $E_X = 0.$ Then the energy of state Y is $E_Y = \Delta E$. The average energy of the system is:

$$< E > = \sum_{j=1}^{\infty} P_j E_j = P_X E_X + P_Y E_Y$$
$$= \frac{e^{-\Delta E/kT}}{1 + e^{-\Delta E/kT}} E_Y = \frac{e^{-\Delta E/kT}}{1 + e^{-\Delta E/kT}} \Delta E$$